

## Testmonies about Dr. Jerry Alan Johnson' new *Chinese Medical Qigong Therapy Book Series:*

As always in life, who we turn to when we want to learn something can have a crucial influence on the outcome. Professor Jerry Alan Johnson is an outstanding teacher and practitioner of Medical Qigong. He combines a most thorough grounding in the tradition (having studied and practiced extensively in China) with the more Western skills of clear and methodical explanation. Added to this, his great passion for the subject and his ability to work with intense dedication has enabled him to produce what can only be called a masterwork. Nothing else published in English begins to compare with Chinese Medical Qigong Therapy textbook series.

**Peter Deadman, Lic.Ac.**

Founder of The Journal of Chinese Medicine,  
Brighton, England  
Author of A Manual of Acupuncture

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There are a number of excellent books on various aspects and methods of Qigong. However, there has not been, in English, a comprehensive exploration of Medical Qigong. Dr. Johnson has created a breakthrough work on Medical Qigong, which is a clear and useful revelation of the Medical Qigong curriculum at the Hai Dian University Medical Qigong College of Beijing, China, and an excellent synthesis of Medical Qigong theory from throughout China. This textbook series will very likely remain the definitive compendium of Medical Qigong in the West for many years, and become the foundation from which the field of Medical Qigong will evolve in Western society.

**Roger Jahnke, O.M.D.**

Chair, Department of Medical Qigong  
Santa Barbara College of Oriental Medicine  
Author of The Healer Within: The Four Essential Self-Care Methods For Creating Optimal  
Health, The Healing Promise of Qi

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This massive compendium on Medical Qigong therapy is a veritable encyclopedia on the subject. Dr. Jerry Alan Johnson's textbooks, well recognized and greatly revered, are in many ways the professional standard. Unlike many Traditional Chinese Medicine works, they also include numerous selections on the mind and emotional states, as well as on spiritual aspects of the practice, such as the soul and spirit, the stars, magical diagrams, and the Yi Jing. They are a valuable resource on Medical Qigong therapy and practice, and contain information on numerous issues and problems. The scope is admirable, the execution with its many illustrations highly recommendable. These volumes are a treasure trove and serve well as a reference work for students and practitioners.

**Livia Kohn, Ph.D.,**

Professor of Religion and East Asian Studies  
Boston University, United States

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Today, I salute the publication of a *magnus opus*, with an exhaustive description of Chinese Medical Qigong Therapy. These five volumes are a statement of the energetic treatments and clinical protocols which have found great hope in both curative and palliative Qigong. One would have expected such publications from Chinese experts, and yet to this day, no work of such amplitude has ever come forth, neither in China nor in the West.

Professor Jerry Alan Johnson's merit is to have brought forth the most complete traditional and particularly Daoist methods of Medical Qigong Therapy. This largely surpasses the structure of the simple outline of gymnastic health exercises, fully expanding toward the fields of physiology, psychology, and spirituality. In addition, all of the therapeutic aspects of Medical Qigong are also evoked with respect to the particular needs of the practitioners of this discipline. We can add that the theoretical aspects of these works go largely beyond the simple framework of Traditional Chinese Medicine, reaching the esoteric, metaphysical and spiritual roots of this art.

**Professor Gerard Edde, Ph.D.**

Director of Daoist Studies,

L'Institut Dragon Celeste, France

Author of *Contes du Tao Sauvage*; *Le Chemin du Tao*; *Tao et Sante*; *Sante et Meditation dans l'energetque Chinoise*; *Digipuncture Taoiste*; *Qigong de la Regeneration des Moelles*; *La Medicina Ayurvedica*; *Chakras y Salud: La Medicina Tantrica de los Centros de Energia*