TITLE:
Dermatology in Chinese Medicine

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DESCRIPTION:
Written by one of China’s foremost dermatologists, this new title draws on the author’s vast spectrum of clinical experience to provide a thorough survey of more than 120 commonly seen and difficult skin disorders. Full pattern identification and a comprehensive array of treatment options for each condition, backed up by a meticulous and informative selection of case histories and up-to-date clinical observation studies, make this book an indispensable companion for a wide variety of practitioners.

OUTSTANDING FEATURES:
- The most comprehensive illustrated skin disorder book written by a renowned Chinese dermatologist yet to appear in English.
- More than 120 commonly-seen and difficult skin conditions are arranged by presenting feature (eczematous, papulosquamous, allergic, viral, bacterial, fungal, etc.) based on classification by conventional disease names and equivalent TCM names.
- More than 60 color photos offer a vivid illustration of the skin disorders discussed.
- In-depth discussion of each skin disorder according to TCM pattern identification with a detailed description of treatment strategy, integrating internal and external herbal treatment and acupuncture accompanied by explanations of the materia medica and points selected.
- Unique range of case studies selected from the author’s personal experience and that of other eminent Chinese TCM dermatologists.
- A wealth of modern clinical experience in the treatment of each condition abstracted from recent journals, plus the author’s personal experience and advice for patients; this information is not available anywhere else in the West and will vastly extend a practitioner’s treatment options.
- A wide-ranging introduction covering the physiology, etiology and methods of treating skin disorders provides a solid foundation for discussion of the individual conditions.
- Detailed description in the appendices of the application of external formulae, herbs and acupuncture points commonly used in skin clinics.
TABLE OF CONTENTS:
1. Physiology of the skin in traditional Chinese medicine
2. Etiology of skin disorders in traditional Chinese medicine
3. Pattern identification and treatment of skin disorders
   Basic principles of pattern identification for skin disorders
   Main methods for determining treatment
   Disease patterns and determination of treatment
   Main treatment methods
4. Eczema and dermatitis
   Eczema
   Common patterns of eczema
   Seborrheic eczema of the scalp and face
   TCM treatment of eczema at particular body sites
5. Psoriasis and other papulosquamous disorders
   Psoriasis
   Parapsoriasis
   Exfoliative dermatitis
   Palmoplantar pustulosis
   Acrodermatitis continua
   Pityriasis rubra pilaris
   Pityriasis rosea
   Pityriasis alba
   Lichen planus
   Lichen spinulosa
6. Allergic disorders
   Urticaria
   Physical urticarias
   Angioedema
7. Erythema and blood vessel disorders
   Erythema multiforme
   Erythema annulare
   Raynaud’s disease
   Small vessel vasculitis
   Erythromelalgia
8. Bullous skin diseases
   Pemphigus
   Bullous pemphigoid
   Dermatitis herpetiformis
   Subcorneal pustulosis
   Epidermolysis bullosa acquisita
9. Viral infections of the skin
   Common warts (verruca vulgaris)
   Plane warts (verruca plana)
   Plantar warts (verruca plantaris)
   Herpes simplex
   Varicella (chickenpox)
   Herpes zoster (shingles)
   Measles
   Drug-induced dermatitis
10. Bacterial infections of the skin
    Impetigo
    Ecthyma
    Folliculitis
    Folliculitis decalvans
    Sycosis barbae
    Furuncles (boils)
    Pyogenic paronychia (whitlow)
    Venous leg ulcers
    Erythema induratum (Bazin’s disease)
    Erythrasma
11. Fungal infections of the skin
    Tinea capitis (ringworm of the scalp)
    Tinea manuum (ringworm of the hands)
    Tinea pedis (athlete’s foot)
    Tinea unguium (ringworm of the nail)
    Tinea corporis (ringworm of the body)
    Tinea cruris (jock itch)
    Pityriasis versicolor (tinea versicolor)
    Candida albicans
    Candidal balanitis
12. Disorders of the sebaceous and sweat glands
    Acne
    Rosacea
    Perioral dermatitis
    Pyoderma faciale
    Hidradenitis suppurativa
    Seborrhea
    Hyperhidrosis
    Bromhidrosis
    Chromhidrosis
13. Regional dermatology
    Cheilitis
    Recurrent aphthous stomatitis
    Herpetic stomatitis
    Hypertrichosis
    Alopecia areata
14. Neuro-functional deficient skin diseases
    Pruritus
    Pruritus vulvae
    Pruritus in pregnancy
    Nodular prurigo
15. Pigment-deficiency skin diseases
    Melasma (chloasma)
    Melanosis
    Vitiligo
16. Hereditary skin diseases
    Ichthyosis vulgaris
    Keratosis follicularis (Darier’s disease)
    Keratosis palmaris and plantaris
    Porokeratosis
17. Drug eruptions
Toxic erythema

18. Skin disorders due to physical agents
Chilblains
Chapped and fissured hands and feet
Frostbite
Miliaria rubra (prickly heat)
Burns
Erythema ab igne
Sunburn
Polymorphic light eruption
Phytodermatitis
Radiodermatitis
Intertrigo
Corns (clavus)
Callus
Decubitus sore (bedsore)
Hangnail

19. Infestations and bites
Insect bites and stings
Papular urticaria
Scabies
Pediculosis (lice infestation)

20. Benign skin tumors
Hemangioma
Nevus flammeus (birth mark)
Benign melanocytic nevi (moles)
Keloid
Lipoma

Appendices
External formulae with detailed ingredients, preparation and usage
Commonly used herbs for skin disorders
Commonly used acupoints for skin disorders
Glossary of TCM terminology
Occurrence of skin diseases by body region

Index